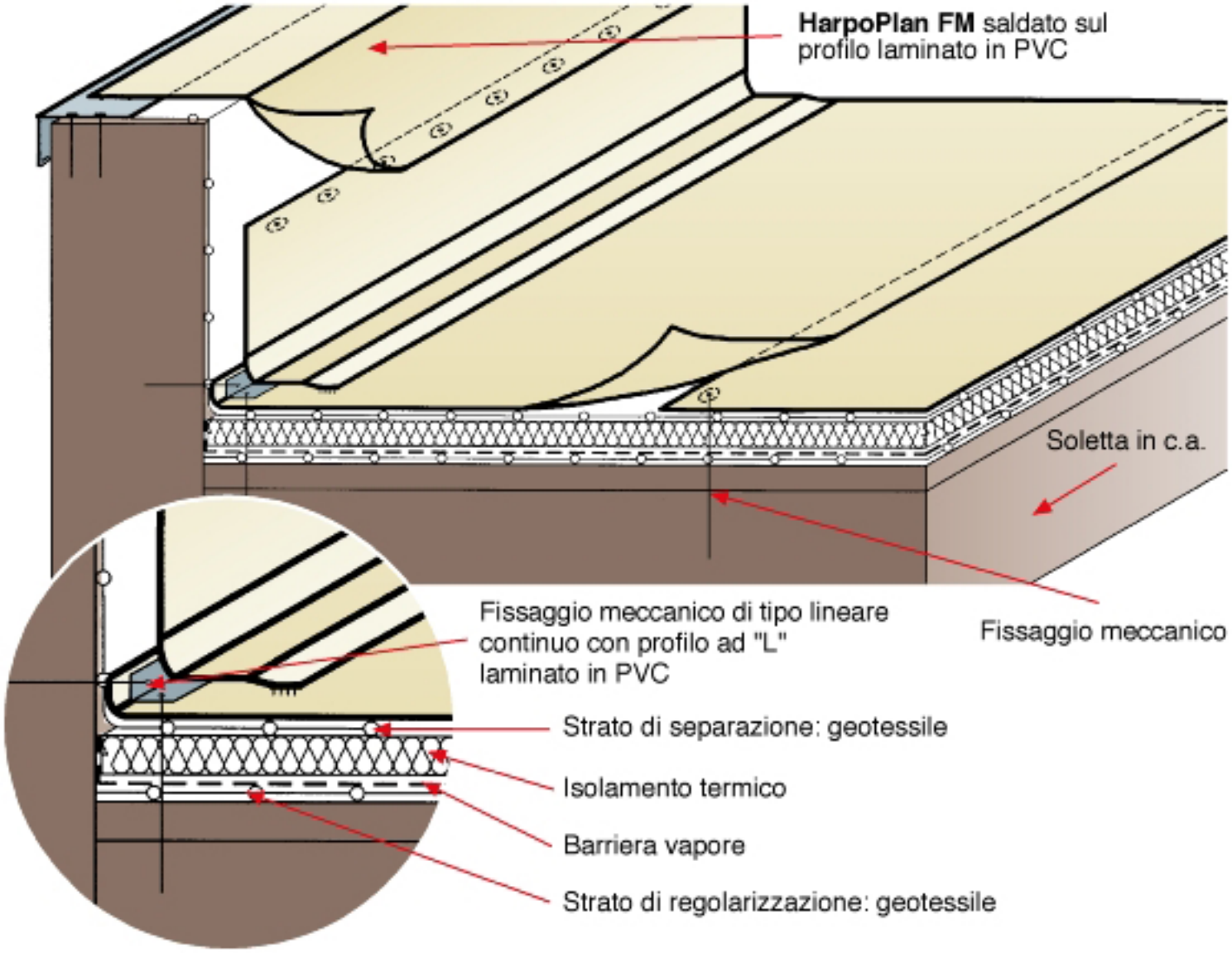Fissaggio meccanico su cemento armato